



2121 North 1700 West Layton, UT 84041 (801)773-4840

**Michael J. Derr, D.O.**

*Physical Medicine & Rehabilitation (“Physiatry”)*

## NEW PATIENT INFORMATION

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DATE: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ HT: \_\_\_\_\_

WHO REFERRED YOU? \_\_\_\_\_ WT: \_\_\_\_\_

BP: \_\_\_\_\_

P: \_\_\_\_\_

Are you:       Male                       Female  
                  Right handed               Left handed               Ambidextrous

### CHIEF COMPLAINT:

Reason for visit: \_\_\_\_\_

Location of your pain:

Head     Shoulder     Mid Back     Leg     Neck     Headaches     Low Back     Arm

### HISTORY OF PRESENT ILLNESS:

Date of symptom onset: \_\_\_\_\_

Type of injury:     Sports Injury     Job Accident  
                          Car Accident (Were you the  Driver or  Passenger?    Seatbelted?  No     Yes)  
                          Other (explain): \_\_\_\_\_

Please describe how you hurt yourself/How your symptoms began: \_\_\_\_\_

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Please describe your current symptoms: \_\_\_\_\_

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On a scale of 0 – 10 mark the number that corresponds to the **severity** of your pain. (“0” means no pain and “10” is the worst pain you can imagine.)

At its worst: 0 1 2 3 4 5 6 7 8 9 10
At its best: 0 1 2 3 4 5 6 7 8 9 10

Which of the following best describes the **character** of your pain?

Timing:

- Continuous, steady, constant
Rhythmic, periodic, intermittent
Brief, momentary, transient
(Frequency: Duration: )

Quality:

- Throbbing
Burning
Superficial
Aching
Tingling/numbness
Deep
Sharp
Dull

What makes your pain worse? \_\_\_\_\_

What makes your pain better? \_\_\_\_\_

How long/far can you: Sit \_\_\_\_\_ Stand \_\_\_\_\_ Walk \_\_\_\_\_

Since the onset of your symptoms, is your pain: Better Same Worse

If your pain is changed, by what percentage? 10 20 30 40 50 60 70 80 90 100%

Have you had any loss of bowel or bladder control? No Yes

PREVIOUS TREATMENT

Have you had treatment since your injury? No Yes Have you been to the ER for this? No Yes

Have you had any of the following tests or procedures performed?

- X-rays MRI Epidurals/Injections CT Scan EMG Surgeries

Other (please explain) \_\_\_\_\_

MEDICAL

Dr. \_\_\_\_\_ Date of 1st visit \_\_\_\_\_ Last visit \_\_\_\_\_

Diagnosis given \_\_\_\_\_

Medications given \_\_\_\_\_

Treatment provided \_\_\_\_\_

CHIROPRACTIC No Yes

Dr. \_\_\_\_\_ Date of 1st visit \_\_\_\_\_ Last visit \_\_\_\_\_

Diagnosis given \_\_\_\_\_

Frequency: Daily Three times/week Two times/week Weekly

Has it helped? No Yes

PHYSICAL THERAPY No Yes

Therapist \_\_\_\_\_ Date of 1st visit \_\_\_\_\_ Last visit \_\_\_\_\_

Has it helped? No Yes Home exercise program given? No Yes



**CURRENT MEDICATIONS:**

<u>NAME</u>	<u>DOSAGE</u>	<u>HOW OFTEN DO YOU TAKE?</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**MEDICATION ALLERGIES**     No     Yes

If yes, please list:    Name:                      Reaction:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**ARE YOU ALLERGIC TO or had any reaction to iodine, shellfish, IVP dye, or contrast media?**     No     Yes

**PAST MEDICAL HISTORY**

- Anxiety       Heart Attack       Polio       Thyroid trouble       Depression
- Asthma       Heart Murmur       Stroke       High Cholesterol       Alcoholism
- Cancer       Lung Disease       Parkinson's       Rheumatic Fever       Hepatitis
- Diabetes       Ulcers/PUD       Arthritis       Claustrophobia       High Blood Pressure
- Other conditions \_\_\_\_\_

Have you ever had similar symptoms/injury before?     No     Yes

If yes, when: \_\_\_\_\_ Please describe briefly: \_\_\_\_\_

\_\_\_\_\_

**PAST SURGICAL HISTORY**

Have you had any surgeries?     No     Yes

If yes, please list type of surgery and approximate date:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

5. \_\_\_\_\_ 6. \_\_\_\_\_ 7. \_\_\_\_\_ 8. \_\_\_\_\_

**FAMILY HISTORY**

Please check box for any medical condition that a blood relative has a history of:

- Anxiety       Heart Attack       Polio       Thyroid trouble       Depression
- Asthma       Heart Murmur       Stroke       High Cholesterol       Alcoholism
- Cancer       Lung Disease       Parkinson's       Rheumatic Fever       Hepatitis
- Diabetes       Ulcers/PUD       Arthritis       Claustrophobia       Back Problems
- Other \_\_\_\_\_



## SOCIAL HISTORY

Marital Status: (Check one or more)

- Single     Married     Divorced     Widowed     "Living together"     Separated

Number of Children: \_\_\_\_\_ Ages: \_\_\_\_\_

Do you smoke?     No     Yes    How much? \_\_\_\_\_

Previous smoker?     No     Yes    When stopped? \_\_\_\_\_

Do you drink alcohol?     No     Yes    How much? \_\_\_\_\_

Coffee, tea, cola beverages (cups/glasses/cans per day) \_\_\_\_\_

Do you use recreational drugs?     No     Yes    What type/how often? \_\_\_\_\_

Are you currently employed?     No     Yes    If yes, type of job \_\_\_\_\_

**REVIEW OF SYSTEMS:** Please mark those items which you currently experience:

### GENERAL

- Fever     Weight gain     Weight loss     Fatigue     Chills  
 Weakness     Night sweats

### DERMATOLOGY

- Jaundice     Itching/rash     Lesions     Easy bruising

### HEAD/HEARING & VISION

- Trauma     Headaches     Tenderness     Dizziness  
 Ringing in ears     Blindness     Blurred vision     Changes or hearing loss  
 Discharge     Rings around lights     Double vision     Light sensitivity  
 Glasses

### PULMONARY

- Wheezing     Shortness of breath     Chronic cough     Coughing up blood

### CARDIOVASCULAR

- Chest pain     Leg swelling     Shortness of breath with exertion     Racing heart

### GASTROINTESTINAL

- Nausea     Abdominal pain     Bloody stool     Constipation     Diarrhea

### GENITOURINARY

- Blood in urine     Vaginal discharge     Pregnancy     Pain/burning on urination  
 Incontinence     Venereal disease     Sexual problems  
 Painful menstruation     Menopause     Urgency/frequency with urination  
 Irregular menstruation

### MUSCULOSKELETAL

- Arthritis     Joint swelling     Trauma

### NEUROLOGICAL

- Loss of sensation     Seizures     Numbness and tingling

### PSYCHOLOGICAL

- Sadness     Anxiety     Depression

Mark on the pictures below, the areas of your body where you feel the described sensation. Use the symbols listed. Mark the areas of radiating pain or numbness as well. Include all affected areas.

Symbols:

Numbness  
o o o

Tingling  
: : :

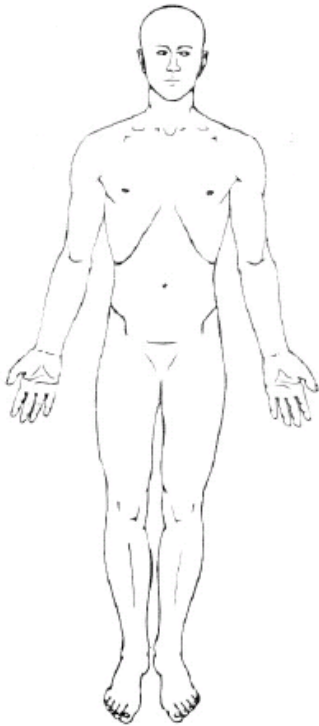
Burning  
x x x

Stabbing/Sharp  
/ / /

Aching  
^ ^ ^

Cramping  
□ □ □

Front



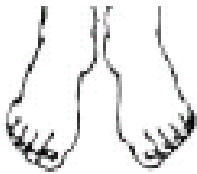
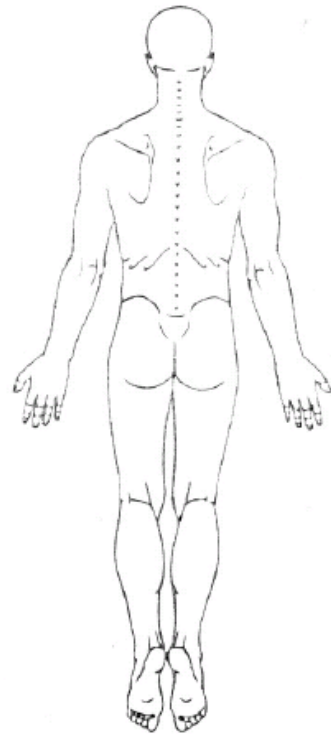
Left



Right



Back



R L



L R



R



L



R



L