

# Medications Check List

*There are numerous medications, including some anti-depressant medications, that interfere with testing and should not be stopped due to the nature of the drugs. Please check with your physician or pharmacist if you have any questions about specific drugs not listed below. If you cannot comfortably or safely hold your medication, please discuss this with your physician.*

**The following medications (over the counter and prescription) MUST be discontinued for at least 5-7 days prior to any skin testing.**

Be aware, most **oral allergy medications** and some **allergy nasal sprays** and **eye drops** contain antihistamines. Many **cough and cold medications** contain antihistamines. Some **sleep aids**, as well as **antacids**, contain or have antihistamine effects. Pay attention to off-brands as well. This list is not all-inclusive. Please contact our office if you have any questions.

|                                  |                                  |                                |
|----------------------------------|----------------------------------|--------------------------------|
| Actifed                          | Claritin D                       | Opcon-A eye drops              |
| AccuHist                         | clemastine generic               | (napazoline)                   |
| Antivert (meclizine)             | Chlortrimeton                    | Optivar eye drops (azelastine) |
| Allegra (fexofenadine)           | (chlorpheniramine)               | Pataday                        |
| Allegra D                        | Cyproheptadine generic           | Patanase                       |
| Aller-chlor (chlorpheniramine)   | Dimetapp                         | Patanol/Pataday                |
| Alavert                          | dexchlorpheniramine generic      | Palgic (carbinoxamine)         |
| Astelin Nasal Spray (azelastine) | dimenhydrinate generic,          | Periactin (cyproheptadine)     |
| Astepro Nasal Spray              | diphenhydramine generic, or      | Phenergan (promethazine)       |
| (azelastine)                     | doxylamine generic               | promethazine generic           |
| Atarax (Hydroxazine)             | Dramamine (dimenhydrinate),      | Rhinotan                       |
| Astrepro                         | or Dramamine Less Drowsy         | Semprex D                      |
| Atrohist                         | (meclizine)                      | Tavist Allergy (clemastine)    |
| Arbinoxa (carbinoxamine)         | Dymista                          | Triaminic                      |
| Benedryl (diphenhydramine)       | Elestat eye drops (epinastine)   | Tripohist triprolidine         |
| (2-3 days)                       | Emadine eye drops                | Unisom (diphenhydramine)       |
| Bepreve eye drops                | (emedastine)                     | Vistaril (hydroxyzine)         |
| Bonine (meclizine)               | Hydroxyzine generic              | Xyzal (levocetirizine)         |
| Brompheniramine generic          | Lastacaft eye drops (alcaftadine | Zyrtec (cetirizine)            |
| Bromfed                          | ophthalmic)                      | Zyrtec D                       |
| carbinoxamine generic            | Marezine (cyclizine)             | Zaditor eye drops (ketotifen)  |
| Claritin or Clarinex (loratidine | Meclizine                        | Zentrip (meclizine)            |
| or desloratidine)                |                                  |                                |

Also, please avoid the following **antacids** which have antihistamine effects for one week.

|                               |  |                             |
|-------------------------------|--|-----------------------------|
| Axid (nizatidine)             | Pepcid (famotidine)                        | Tagamet HB 200 (cimetidine) |
| cimetidine generic            | Pepcid AC (famotidine)                     | Zantac (ranitidine)         |
| Duexis (ibuprofen/famotidine) | Pepcid AC Maximum Strength<br>(famotidine) |                             |
| famotidine generic            | Ranitidine generic                         |                             |
| nizatidine generic            |  |                             |

The following medications do **NOT** interfere with testing and **MAY** be taken.

|                        |                         |                           |
|------------------------|-------------------------|---------------------------|
| Advair                 | Nasal crom              | Rhonicort                 |
| Albuterol              | Nasocort                | Serevent                  |
| Antibiotics            | Nasonex                 | Singulair (Montelukast)   |
| Atrovent (Ipratropium) | Nexium (Esomeprazole)   | Slobid                    |
| Azmacort               | Prednisone              | Spiriva (Tiotropium)      |
| Beclovent              | Prednisolone (Prelone)  | Sudafed (Pseudoephedrine) |
| Cromolyn               | Prevacid (Lansoprazole) | Tilade                    |
| Dexilant               | Prilosec (Omeprazole)   | Vancenase                 |
| Dulera                 | Proair                  | Vanceril                  |
| Flonase                | Protonix (Pantoprazole) | Ventolin                  |
| Flovent                | Proventil               | Veramyst                  |
| Guaifed                | Pulmicort (Budesonide)  | Zetonna                   |
| Humibid                | QNasl                   |                           |
| Midrin                 | QVar                    |                           |

**\*\*\* On some occasions, even if you have avoided the above medications, the physician may decide that a blood test would be indicated before allergy testing is performed \*\*\***