



2121 North 1700 West  
Layton, UT 84041  
Ph 801.773.4840

5296 S Commerce St.  
Suite 104  
Murray, UT 84107  
Ph 385.261.2410

Instructions: Please answer the following questions as completely and accurately as possible. The parent should fill out the form for patients under the age of 15.

### NEW PATIENT QUESTIONNAIRE

Today's Date \_\_\_\_\_

Patient's Name \_\_\_\_\_ DOB \_\_\_\_\_ Sex: M F

How did you hear about our clinic or who were you referred by? \_\_\_\_\_

Reason for Allergy visit (briefly describe): \_\_\_\_\_

**A. Please check the conditions that have bothered you in the last 12 months:**

- |  |                                   |  |  |
|--|-----------------------------------|--|--|
| <b>Nose:</b>                                       | <b>Eyes:</b>                      | <b>Throat:</b>                           | <b>Ears:</b>                                     |
| <input type="checkbox"/> Stuffy                    | <input type="checkbox"/> Itching  | <input type="checkbox"/> Itching         | <input type="checkbox"/> Itching                 |
| <input type="checkbox"/> Sneezing                  | <input type="checkbox"/> Burning  | <input type="checkbox"/> Draining        | <input type="checkbox"/> Popping                 |
| <input type="checkbox"/> Itching                   | <input type="checkbox"/> Watering | <input type="checkbox"/> Throat clearing | <input type="checkbox"/> Draining                |
| <input type="checkbox"/> Draining                  | <input type="checkbox"/> Swelling | <input type="checkbox"/> Soreness        | <input type="checkbox"/> Ringing                 |
| <input type="checkbox"/> Bleeding                  |                                   | <input type="checkbox"/> Hoarseness      | <input type="checkbox"/> Hearing Loss            |
| <input type="checkbox"/> Mouth breathing           |                                   | <input type="checkbox"/> Loss of Taste   | <input type="checkbox"/> Fluid behind eardrums   |
| <input type="checkbox"/> Snoring                   |                                   |  | <input type="checkbox"/> Frequent ear infections |
| <input type="checkbox"/> Loss of smell             |                                   |  |  |
| <input type="checkbox"/> Frequent sinus infections |                                   |  |  |

- |  |  |  |
|--|--|--|
| <b>Respiratory:</b>                          | <b>Gastrointestinal</b>                        | <b>Nervous System:</b>                     |
| <input type="checkbox"/> Cough               | <input type="checkbox"/> Abdominal pain        | <input type="checkbox"/> Headache          |
| <input type="checkbox"/> Wheeze              | <input type="checkbox"/> Vomiting              | <input type="checkbox"/> Unusual tiredness |
| <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Diarrhea              | <input type="checkbox"/> Irritability      |
| <input type="checkbox"/> Tightness           | <input type="checkbox"/> Constipation          |  |
| <input type="checkbox"/> Phlegm (mucus)      | <input type="checkbox"/> Poor appetite         | <b>Skin:</b>                               |
| <input type="checkbox"/> Bronchitis          | <input type="checkbox"/> Poor weight gain      | <input type="checkbox"/> Hives             |
| <input type="checkbox"/> Pneumonia           | <input type="checkbox"/> Heartburn/acid reflux | <input type="checkbox"/> Itch              |
|  |  | <input type="checkbox"/> Swelling          |
| <b>Musculoskeletal:</b>                      | <b>Cardiovascular:</b>                         |  |
| <input type="checkbox"/> Muscle pains        | <input type="checkbox"/> Heart racing          |  |
| <input type="checkbox"/> Joint pains         | <input type="checkbox"/> Chest pain            |  |

- |                                 |                                       |  |
|---------------------------------|---------------------------------------|--|
| <b>Constitutional:</b>          | <b>Allergy:</b>                       | <b>Endocrine:</b>                              |
| <input type="checkbox"/> Fevers | <input type="checkbox"/> Food allergy | <input type="checkbox"/> Heat/cold intolerance |

Other symptoms not listed above: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



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**History of Present Illness:**

Nose/Eye

Chest

Skin

When did these symptoms begin (year)?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Where did these symptoms begin (state)?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

When did these symptoms occur last (date)?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What time of day are these symptoms worse?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Underline the month(s) your symptoms occur. Circle the months that are worst.

Jan

Feb

Mar

Apr

May

Jun

Jul

Aug

Sep

Oct

Nov

Dec

**B. What medications or treatments have you taken in the past for your allergies and/or asthma?**

Helpful?

Helpful?

Yes No

Yes No

1. \_\_\_\_\_

\_\_\_ \_\_\_

5. \_\_\_\_\_

\_\_\_ \_\_\_

2. \_\_\_\_\_

\_\_\_ \_\_\_

6. \_\_\_\_\_

\_\_\_ \_\_\_

3. \_\_\_\_\_

\_\_\_ \_\_\_

7. \_\_\_\_\_

\_\_\_ \_\_\_

4. \_\_\_\_\_

\_\_\_ \_\_\_

8. \_\_\_\_\_

\_\_\_ \_\_\_

**C. Please list all your current medications and reasons for taking them:**

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**D. Have you ever been on allergy shots (immunotherapy)? If yes, when, for how long, and to what?**

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**Past Medical History**

**E. Please list any medication allergies including a description of any reactions:**

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**F. Please list any past or current medical problems not yet mentioned above, including any surgeries:**

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**G. Please list any medical problems that run in your immediate family:**

Relationship (mother, brother, daughter, etc.)

Asthma:	_____
Hay Fever or Allergic Rhinitis:	_____
Eczema:	_____
Immunodeficiency of any type:	_____

Any other medical problems in the family:

_____	_____
_____	_____
_____	_____

**H. Personal History:**

Do you smoke? \_\_\_\_\_ How many packs per day? \_\_\_\_\_ How Long have you smoked? \_\_\_\_\_

Does anyone smoke at home or work? \_\_\_\_\_

Do you have any pets? If yes, type (cat dog, etc.) and number.  
\_\_\_\_\_

What is your occupation? \_\_\_\_\_

What is your exercise routine? \_\_\_\_\_

If the patient is a young child, does he/she attend daycare? \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_