

CHRONIC PAIN?



Are you experiencing any of the following?

Joint Pain
Muscle Pain
Burning Pain
Fatigue
Trouble sleeping
Mood problems including depression, anxiety,
and irritability due to chronic pain

FEELING SAD



Are you experiencing any of the following?

- Persistent sad, anxious, or "empty" feelings
- Lack of motivation
- Difficulty making decisions
- Low self-esteem
- Guilt, worthlessness, or helplessness
- Irritability
- Grief
- Disturbed Sleep
- Chronic fatigue
- Loss of interest
- Suicidal thoughts