

# COVID –19 Protocol—March 13, 2020

By: Dr. Candice Smith

Thank you for all your support in this time of rapid change and new procedures to deal with COVID-19. The CDC recommends testing be focused on patients with high epidemiologic risk, and a syndrome compatible with COVID-19. This will obviously change daily as the local epidemiologic risk changes as well as the availability of testing.

Symptoms for COVID-19—Remember that congestion and sore throat are less common symptoms. Focus on the cough, on and off fever, fatigue, and the shortness of breath to screen for pneumonia.

Fever (87.9%) early on (43%)  
Dry Cough (67.7%)  
Fatigue (38.1%)  
Sputum Production (33.4%)  
Shortness of breath (18.6%)

Myalgia or Arthralgia (14.8%)  
Sore Throat (13.9%)  
Headache (13.6%)  
Chills (11.4%)  
Nausea or Vomiting (5.0%)

Nasal Congestion (4.8%)  
Diarrhea (3.7%)  
Hemoptysis (0.9%)  
Conjunctival Congestion (0.8%)

## **HIGHEST RISK:**

FEVER or COUGH or DYSPNEA or other compatible symptoms

PLUS:

ANY PERSON INCLUDING HEALTH CARE WORKERS WITH A CONTACT of a lab confirmed OR suspected case in 14 days

OR

History of TRAVEL TO A GEOGRAPHICALLY AFFECTED AREA in 14 days (Italy, Iran, China, South Korea)

### **Testing:**

- Patient with face mask
- COVID visit—follow FLOWCHART for MA in PPE assessment at car of Flu, oxygen saturation
- MA wears infection control: AIRBORNE/ DROPLET: N95 mask, eye shield, gown, gloves
- How to [don and doff PPE](#)
- Call UTAH DOH Provider Line 1-800-456-7707
- [PUI Forms](#)

## **MODERATE RISK:**

FEVER or COUGH or DYSPNEA or other compatible symptoms

AND:

History TO A MODERATELY AFFECTED AREA in 14 days, or an evolving area

OR CONCERN about exposure to a suspected person

Notify MA or PCP

If PCP, after reviewing the risk for exposure, determines COVID-19 testing is appropriate:

### **Testing:**

- Patient with face mask
- COVID visit—follow FLOWCHART for MA in PPE assessment at car of Flu, oxygen saturation
- PPE: surgical mask, eye protection, gloves and gown
- If supplies run short we will evaluate based on the CDC recommendations below.
- Call UTAH DOH Provider Line 1-800-456-7707
- [PUI Forms](#)

## **LOW RISK:**

Symptoms not strongly compatible

AND

No direct contact exposure to persons, no travel

### **Testing:**

- Patient with face mask—WAIT in sick waiting room
- MD evaluation for alternate diagnosis
- Follow infection control as needed for the clinical scenario

IF a patient needs evaluation in a room, each site has a COVID room set aside with access easy from doorways and patient can be brought directly there. Face mask on patient and PPE on for those guiding them.

PPE Location by Site:

Layton—Biohazard can at the East door leading outside

Kaysville—Cart by Dr. Flitton’s door on the south side

East Layton—NST room under the sink

Syracuse—By Dr. Burtenshaw’s office door

Roy—Hall of cupboards across from the MA Station—last closet on the right

Westside—Urgent Care Lobby

**If supplies run short, we will evaluate based on the CDC recommendations below:**

HCP planned proximity to the case patient during encounter	Facemask or respirator determination	
	Patient masked for entire encounter (i.e., with source control)	Unmasked patient or mask needs to be removed for any period of time during the patient encounter
HCP will remain at greater than 6 feet from symptomatic patient	HCP remaining at this distance from the patient should not need to enter the patient care area; if entry required: no facemask or respirator	HCP remaining at this distance from the patient should not need to enter the patient care area; if entry required: no facemask or respirator
HCP will be within 3 to 6 feet of symptomatic patient	HCP remaining at this distance from the patient should not need to enter the patient care area; if entry required: facemask	HCP remaining at this distance from the patient should not need to enter the patient care area; if entry required: facemask
HCP will be within 3 feet of symptomatic patient, including providing direct patient care	Facemask	N95 respirator/ elastomeric /PAPR, based on availability
HCP will be present in the room during aerosol generating procedures performed on symptomatic persons	N95 respirator/ elastomeric /PAPR, based on availability	N95 respirator/ elastomeric /PAPR, based on availability

\*Based on availability, organizations may require and/or individuals may voluntarily choose to utilize higher levels of protection