

## Discontinuation of Home Isolation for Persons with COVID-19 (Interim Guidance)

### For Persons with COVID-19 Under Home Isolation:

The decision to discontinue home isolation should be made in the context of local circumstances. Options now include both 1) a time-since-illness-onset and time-since-recovery (non-test-based) strategy, and 2) a test-based strategy.

#### 1) Time-since-illness-onset and time-since-recovery strategy (non-test-based strategy)\*

- a. **Persons with COVID-19 who have symptoms** and were directed to care for themselves at home may discontinue home isolation under the following conditions:
  - i. At least 3 days (72 hours) have passed *since recovery* defined as resolution of fever without the use of fever-reducing medications **and** improvement in respiratory symptoms (e.g., cough, shortness of breath); **and**,
  - ii. At least 7 days have passed *since symptoms first appeared*.

#### 2) Test-based strategy (simplified from initial protocol)

- a. Note: previous recommendations for a test-based strategy remain applicable; however, a test-based strategy is contingent on the availability of ample testing supplies and laboratory capacity as well as convenient access to testing. For jurisdictions that choose to use a test-based strategy, the recommended protocol has been simplified so that *only one swab is needed at every sampling*.
- b. **Persons who have COVID-19 who have symptoms** and were directed to care for themselves at home may discontinue home isolation under the following conditions:
  - i. Resolution of fever without the use of fever-reducing medications **and**
  - ii. Improvement in respiratory symptoms (e.g., cough, shortness of breath) **and**
  - iii. Negative results of an FDA Emergency Use Authorized molecular assay for COVID-19 from at least two consecutive nasopharyngeal swab specimens collected  $\geq 24$  hours