

Health Psychology Department

The purpose of this questionnaire is to assess your perception of your health and well-being. There are no right or wrong answers. You will have an opportunity to discuss concerns or results later. If possible, please fill out a form for each caregiver you have shared information with. Please use black or blue ink.

Name: _____ Date: _____
Age: _____ Sex of Subject: _____ Gender: _____
Living Status: _____ Primary Care Physician: _____

How do you usually perceive your health? (Please check all that apply):

- | | |
|-------------------------------------|--|
| <input type="checkbox"/> Excellent | <input type="checkbox"/> Good |
| <input type="checkbox"/> Fair | <input type="checkbox"/> Moderate |
| <input type="checkbox"/> Poor | <input type="checkbox"/> Very Poor |
| <input type="checkbox"/> Don't know | <input type="checkbox"/> Other (specify below) |

Psychological Status

How satisfied are you with your quality of life? Yes/No

If you have a chronic condition, how do you feel about it? How does your caregiver respond? (Please respond)

How does your medical condition affect your ability to engage with you? Yes/No

If you have a caregiver

Do you ever notice any of the following during the pregnancy?

- Anxiety
- Depression
- Stress

Open-Ended

What have you learned? What advice would you like to see for long and short term care?
