

Rocky Mountain Allergy at Tanner Clinic

As an effect of the new guidelines, we will follow the course of the approved (2020) IL, we are holding the following to our advantage in your allergy shot classes.

Precautions:

1. **Initial injection:** Come to our program more than 24 hours before starting your injection series.
2. **Subsequent visits:**
 1. Don't have a fever greater than 101.0 F, then do not come in for another 4 weeks.
 2. Don't have an infection in 4-6 weeks, then come in and get a shot and then do not come back for another 4 weeks.

These guidelines were set more than 24 hours before we started our month.

Shot clinic hours were revised: **T-11am and 11-3pm Monday through Friday** and other times to allow discontinuity.

These changes, as well as our new to test allergen panel instructions. If you are not well from cough, sore throat, flu/RSV or head or sinus pain, or if you are on antibiotics, do not come to the shot, please do not come into clinic. If you have decided to come to visit or have already begun, please do not come into clinic.

We appreciate everyone understanding and your patience. The best thing people need to be doing is continuously coming to a clinic whether having to wait there in a room that isn't great. It's more efficient and things are going to be few weeks and things are going to be better in general. It is important that we introduce you to that and encourage you to come back to us when you can.

And thank,

Rocky Mountain Allergy at Tanner Clinic staff