

# Rocky Mountain Allergy at Tanner Clinic

As an effort to decrease your risk of infection and reduce the chance of the spread of COVID-19, we are making the following recommendations to your allergy shot sessions:

## Precautions:

1. **Self-isolation:** Come to your appointment more than one hour before ending your contact with others.
2. **Reschedule dates:**
  - a. If a fever is documented in the last 2 weeks, then do not come in for another 2 weeks.
  - b. If a fever is not documented in 2 weeks, then come in and get a shot and then do not come back for another 2 weeks.

## Shot clinic hours will resume **7:00am and 10:00am Monday through Friday** and further when we deem appropriate.

Once the guidelines are updated we will update you here to let you know when we resume. If you are not with your family, your friends, classmates or work, or any other situation described by the CDC, please do not come into clinic. If you have traveled to areas of risk or been possibly exposed, please do not come into clinic.

We appreciate everyone understanding and using common sense. The best thing would be to stop in person and coming to a clinic and then having to wait there in a room filled with people. It is only about an hour or so for the shot and then everyone is healthy as possible. It is important that we all do our part so that we can resume services more quickly as soon as possible.

Thank you,

Rocky Mountain Allergy at Tanner Clinic staff