

Rocky Mountain Allergy at Tanner Clinic

As an effect of the new guidelines, we will follow the course of the approved (2020) IL, we are making the following recommendations in your allergy shot series:

Options are:

1. **Build up faster:** Come to our program more often and receive half of your usual shot volume for the first 2 weeks.
2. **Maintain on plan:**
 1. Don't have maintenance shot in the first 2 weeks, then do not come in for another 4 weeks.
 2. Don't have maintenance shot in first weeks, then come in and get a shot and then do not come back for another 4 weeks.

These guidelines were developed to help you stay safe and healthy during this time.

Shot clinic hours will resume **T-10am and 10-11am Monday through Friday** and other times as other developments.

These guidelines will apply to how to best adjust your shot schedule. If you are not well from cough, sore throat, flu/RSV or COVID symptoms, whether by the time, please do not come into clinic. If you have decided to come in but a fever quickly appears, please do not come into clinic.

We appreciate everyone understanding and your patience. The best thing you can do to help is continuously coming to a clinic whether having to wait there in a room that isn't your favorite. It is more efficient and helps us give you a few weeks of things you need to handle in practice. It is important that we introduce you to that and encourage you to have more control in when you arrive.

And thank,

Rocky Mountain Allergy at Tanner Clinic staff