

Rocky Mountain Allergy at Tanner Clinic

As an effort to decrease your risk of infection and reduce the chance of the spread of COVID-19, we are making the following recommendations to your allergy shot sessions:

Precautions:

1. **Self-isolation:** Come to your appointment more than one hour before ending your session (1 week)
2. **Reschedule dates:**
 - a. If a fever is documented in the last 2 weeks, then do not come in for another 2 weeks
 - b. If a fever is not documented in 2 weeks, then come in and get a shot and then do not come back for another 2 weeks.

Shot clinic hours will resume **7:00am and 10:00am Monday through Friday** and further when we deem appropriate.

Once the guidelines are updated we will update you how to get adjusted your shot schedule. If you are not well from cough, sore throat, shortness of breath, or any other symptoms described by the CDC, please do not come into clinic. If you have traveled to areas of risk or been possibly exposed, please do not come into clinic.

We appreciate everyone understanding and your patience. The best thing you can do to help is understand the timing is a clinic and then having to wait there in a room that has other people. It is only about an hour or greater for a few weeks and then everyone is healthy as possible. It is important that we all focus our efforts on our common goal that more people be able to breathe.

Thank you,

Rocky Mountain Allergy at Tanner Clinic staff