

Rocky Mountain Allergy at Tanner Clinic

As an effort to decrease your risk of infection and reduce the chance of the spread of COVID-19, we are making the following recommendations to your allergy shot sessions:

Precautions:

1. **Self-isolation:** Come to your appointment more than one hour before ending your session (1 week)
2. **Reschedule dates:**
 - a. If a fever is documented in the last 2 weeks, then do not come in for another 2 weeks
 - b. If a fever is not documented in 2 weeks, then come in and get a shot and then do not come back for another 2 weeks.

Shot clinic hours will resume **7:00am and 10:00am Monday through Friday** and further when we deem appropriate.

Please be aware, we will require you to wear a face mask and gloves. If you are not well from cough, sore throat, rhinitis or sneezing, or any other symptoms described by the CDC, please do not come into clinic. If you have traveled to areas of risk or been possibly exposed, please do not come into clinic.

We appreciate your understanding and your patience. The best thing you can do to help is understand the timing is a clinic and then being to stay there in a room that has good people. It is very important to bring or get a lot of the shots and then everyone is healthy is possible. It is important that you do your part so that we can reduce infection more quickly as soon as possible.

Thank you,

Rocky Mountain Allergy at Tanner Clinic staff