

Rocky Mountain Allergy at Tanner Clinic

As an effort to decrease your risk of infection and reduce the chance of the spread of COVID-19, we are making the following recommendations to your allergy shot sessions:

Precautions:

1. **Self-isolation:** Come to your appointment more than one hour before ending your session (1 week)
2. **Reschedule dates:**
 1. If a fever is documented in the last 2 weeks, then do not come in for another 2 weeks
 2. If a fever is not documented in 2 weeks, then come in and get a shot and then do not come back for another 2 weeks.

Shot clinic hours will resume **7:00am and 10:00am Monday through Friday** in the future when it is deemed appropriate.

Once the guidelines are updated we will update our how to get help page and website. If you are not with your allergist, your nurse, pharmacist or another staff member, please call us at 763-437-1100. If you have feedback to give or if you are having trouble, please do not come into clinic.

We appreciate everyone understanding and using common sense. The best thing would be to stop in person when coming to a clinic and then having a shot there in a room that has other people. It is really important to keep our patients safe for a few weeks and then everyone is healthy as possible. It is important that we all do our part so that we can reduce infection rates quickly as soon as possible.

Thank you,

Rocky Mountain Allergy at Tanner Clinic staff