

# Rocky Mountain Allergy at Tanner Clinic

As an effort to decrease your risk of infection and reduce the chance of the spread of COVID-19, we are making the following recommendations to your allergy shot sessions:

## Precautions:

1. **Self-isolation:** Come to your injection visit when you have not experienced any COVID-19 symptoms.
2. **Reschedule dates:**
  - a. If you have symptoms in the last 2 weeks, then do not come in for another 2 weeks.
  - b. If you have symptoms in the last 2 weeks, then come in and get a shot and then do not come back for another 2 weeks.

## Shot clinic hours will resume **7:00am and 10:00am Monday through Friday** and further when we deem appropriate.

Please be aware, we will require you to wear a face mask and gloves. If you are not well from cough, sore throat, shortness of breath, or any other symptoms described by the CDC, please do not come into clinic. If you have traveled to areas of risk or been possibly exposed, please do not come into clinic.

We appreciate everyone understanding and using common sense. The best thing would be to stop in and discuss anything you are unsure about before coming to clinic. There is a room that we have for people who are not feeling well. If you are able to get to a clinic and then everyone is healthy as possible, it is important that we all do our part so that we can resume services more quickly as soon as possible.

Thank you,

Rocky Mountain Allergy at Tanner Clinic staff