

Advancements in the Treatment of OSA: Inspire Sleep Apnea Solution

Dr. Bryan Richards, Tanner Clinic ENT

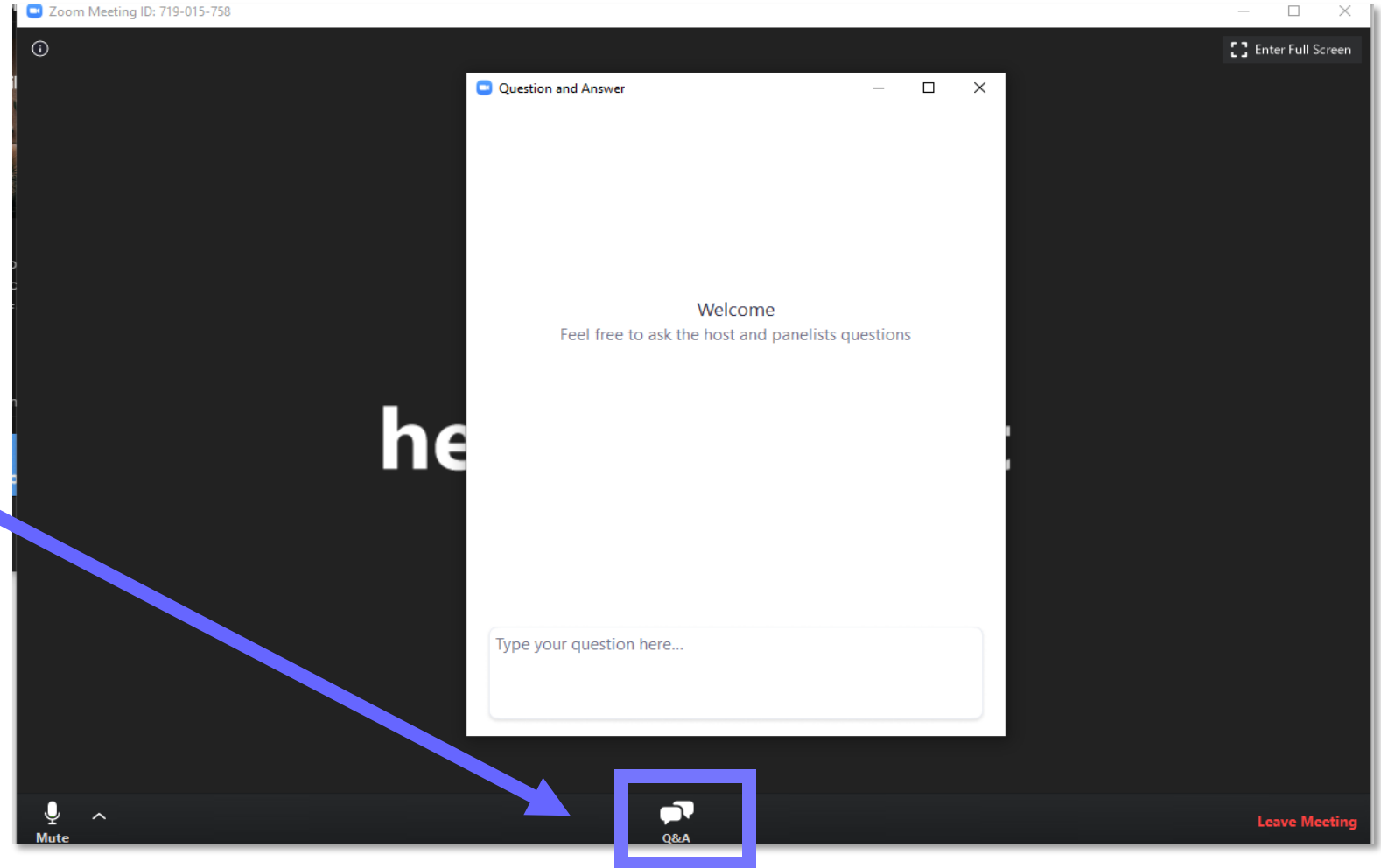
All attendees will be muted during presentation

Please type your questions into the Q&A and they will be answered at the end of the presentation



How to Ask a Question

1. Hover your mouse over the bottom of your screen.
2. A bar will appear with the “Q&A” button.



Inspire Webinar Panelists

Dr. Bryan Richards



**Tanner Clinic ENT
ENT Doctor**

Cody Stowers



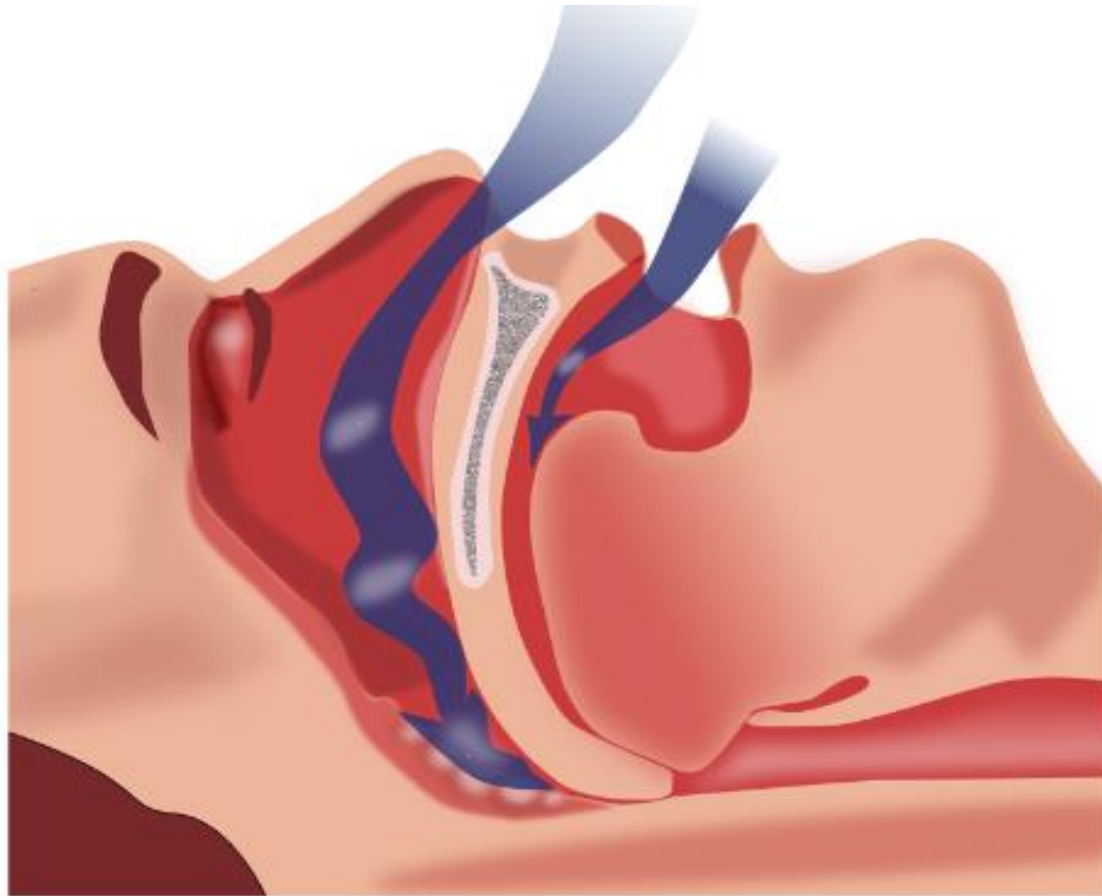
**Utah
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Dallas Stephenson

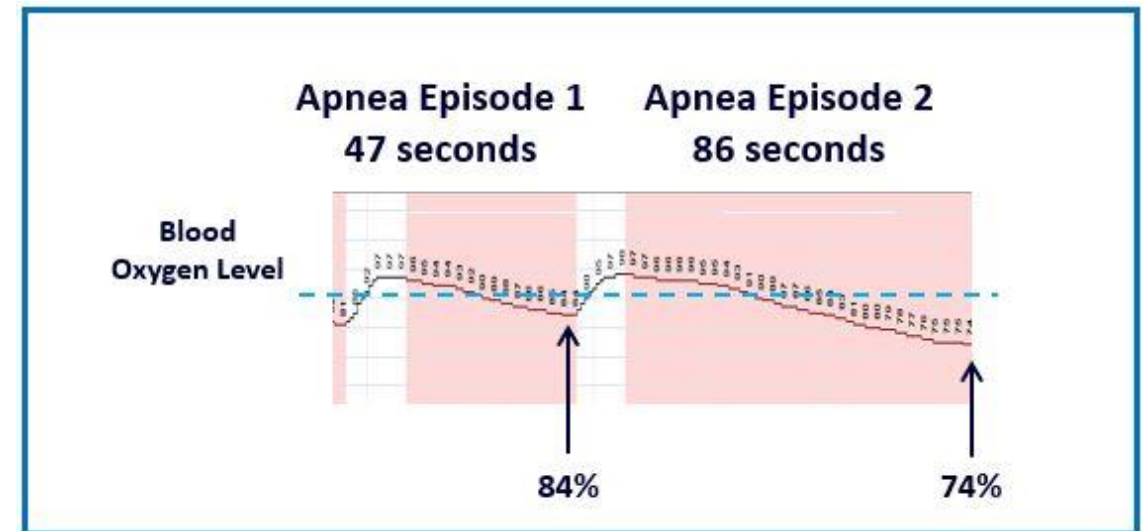


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Obstructive Sleep Apnea (OSA)



- Over 20 Million Americans Have Moderate to Severe (OSA)
- Tongue and Airway Relax During Sleep and Block Airflow



Consequences Untreated OSA

Snoring – Bed Partner



Fatigue, Diminished Productivity



Heart and Brain Health



Accident Risk – Community Safety



CPAP – Front Line Treatment for OSA

Great Results When Used Regularly

However...Some patients can't acclimate



Alternate Treatment Options

- **Oral Appliances** are custom dentist-made mouthpieces intended to pull the jaw forward during sleep
- **Anatomy Altering Surgery** is surgery to remove parts of the jaw, tongue, or throat to create a larger airway



Inspire – How It Works



Stimulation Effect on Airway Anatomy

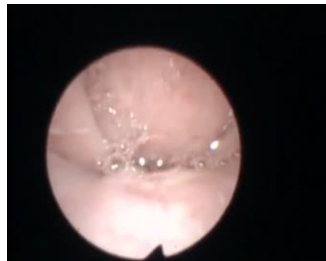
No Stimulation
Obstructed Airway



Base of Tongue



Palate



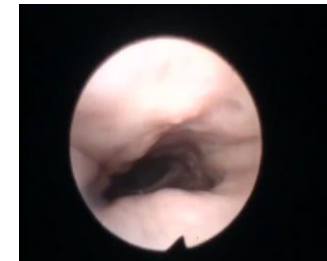
Mild Stimulation
Open Airway



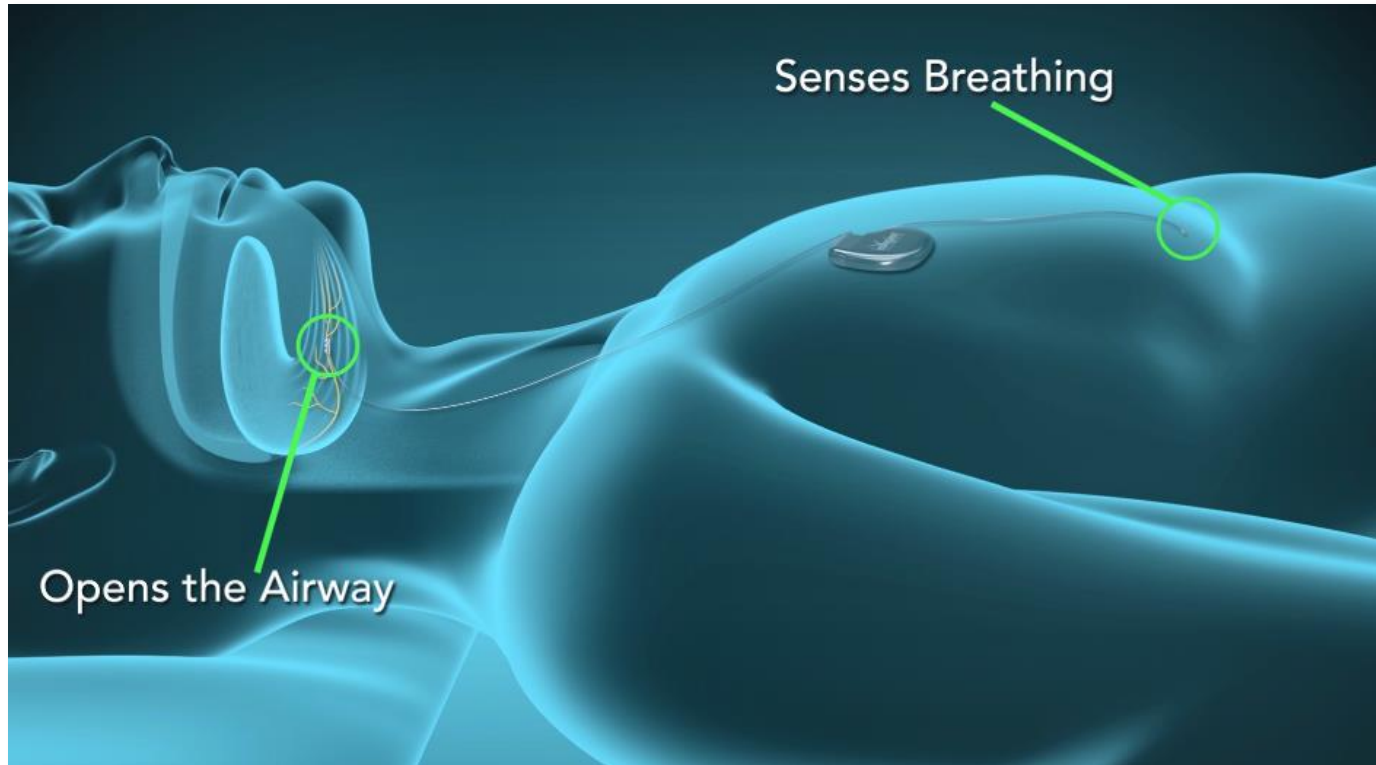
Base of Tongue



Palate



Inspire – A Safe Outpatient Procedure

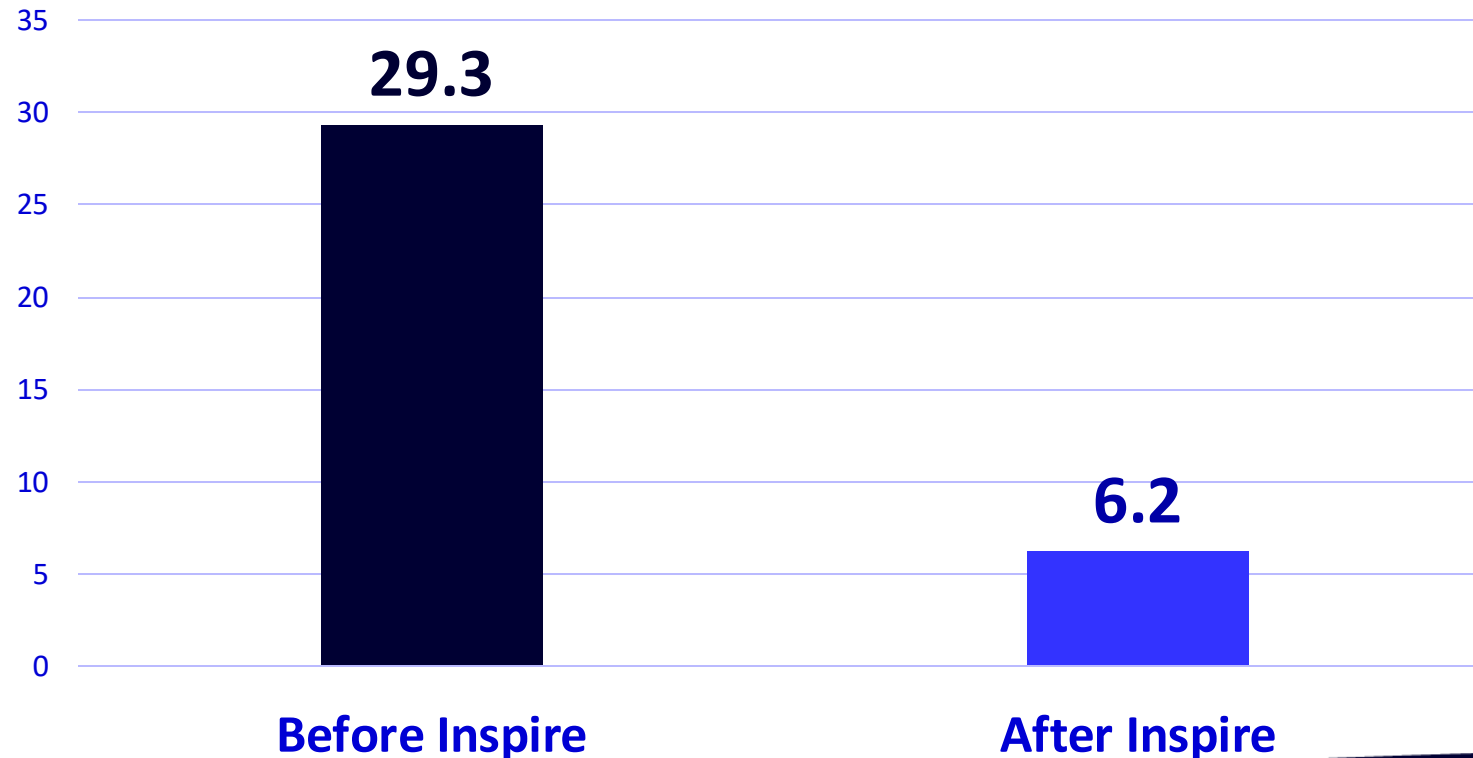


- Inserted through 3 small incisions
- Fast recovery
 - Typically, OTC meds for post-op pain
 - Return to non-strenuous activities within a few days.
- ~11 year battery
- MRIs can be safely performed on head, neck and extremities. CT scans for spine, shoulders, hips.

Clinically Proven

- **Significant and sustained reduction in sleep apnea events**

Average Sleep Apnea Events per Hour
(Apnea-Hypopnea Index)

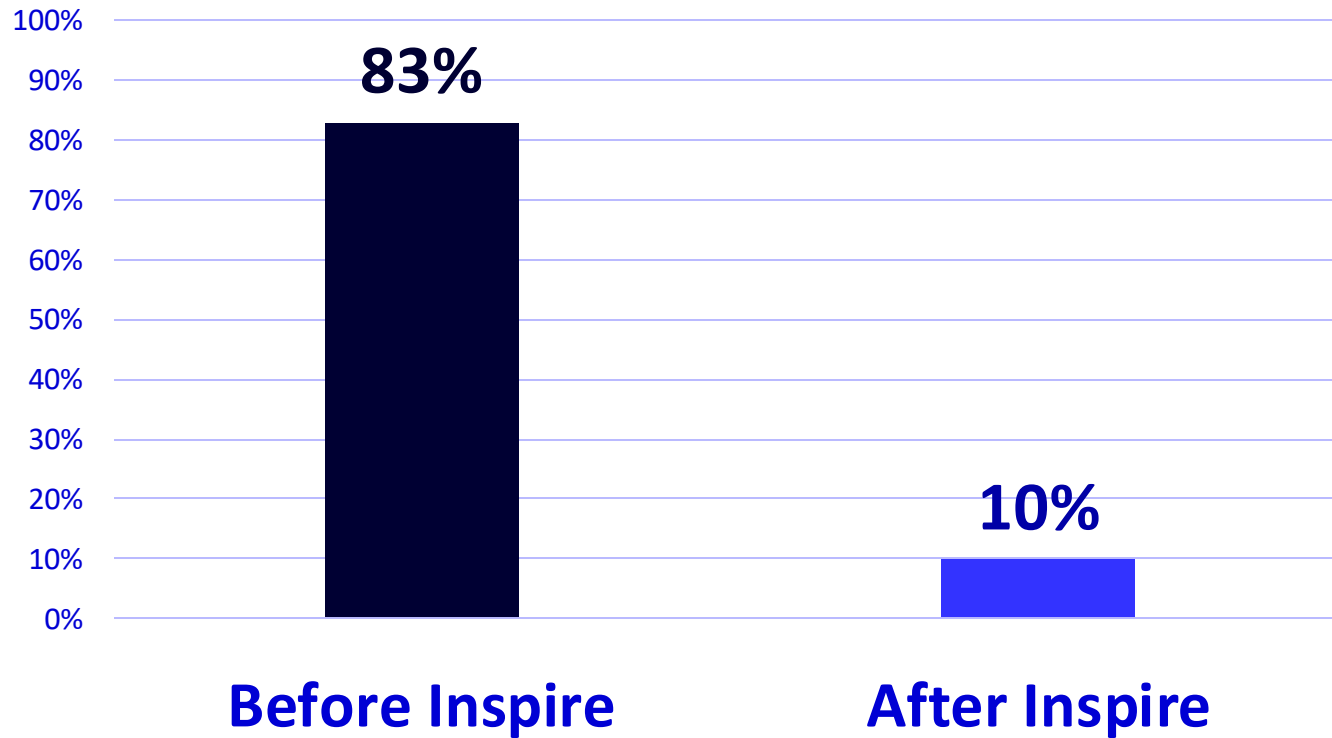


79%
Reduction

Clinically Proven

- **Significantly decreased bed-partner reported snoring**

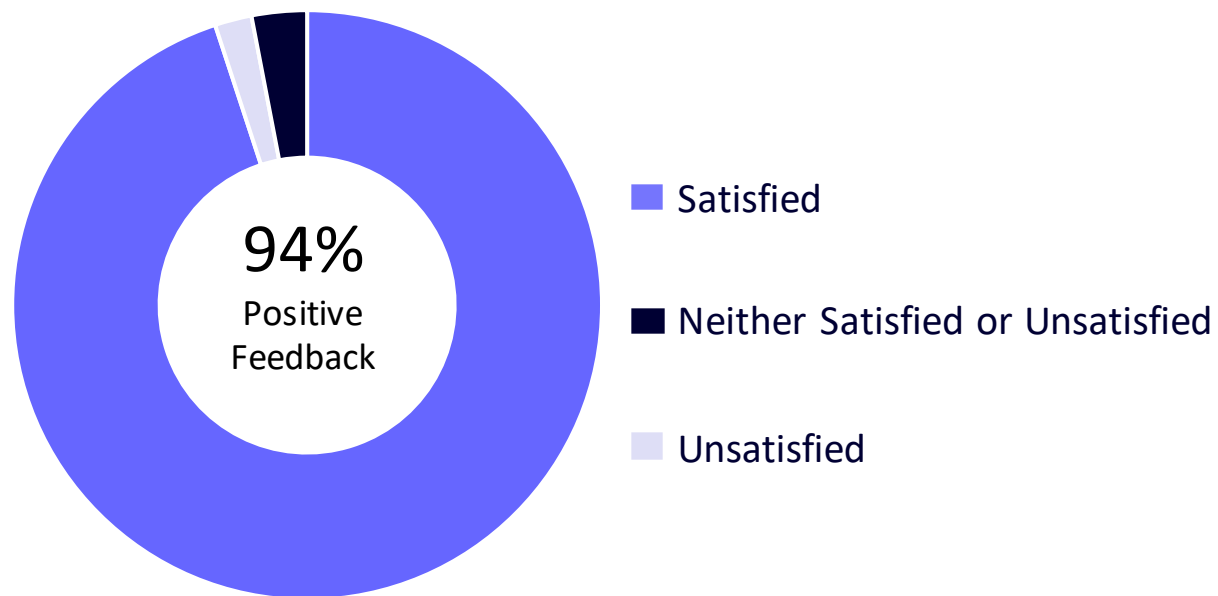
Bed Partner Reported Snoring



Clinically Proven

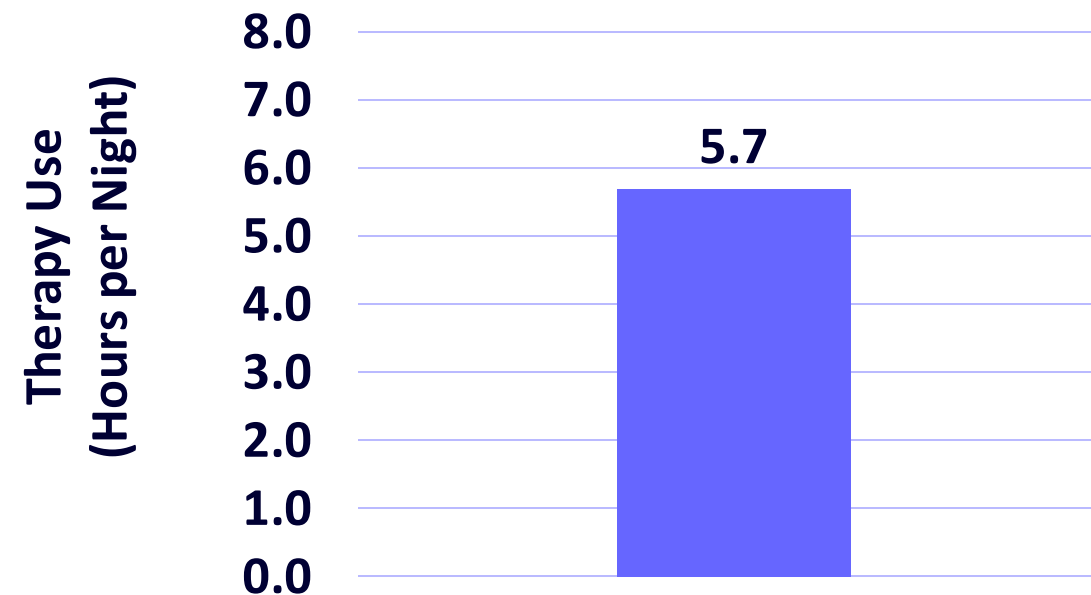
Patients Like It

Patient Satisfaction At Final Visit



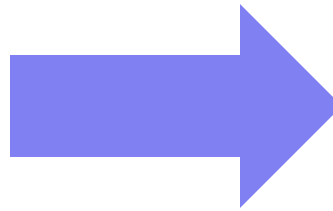
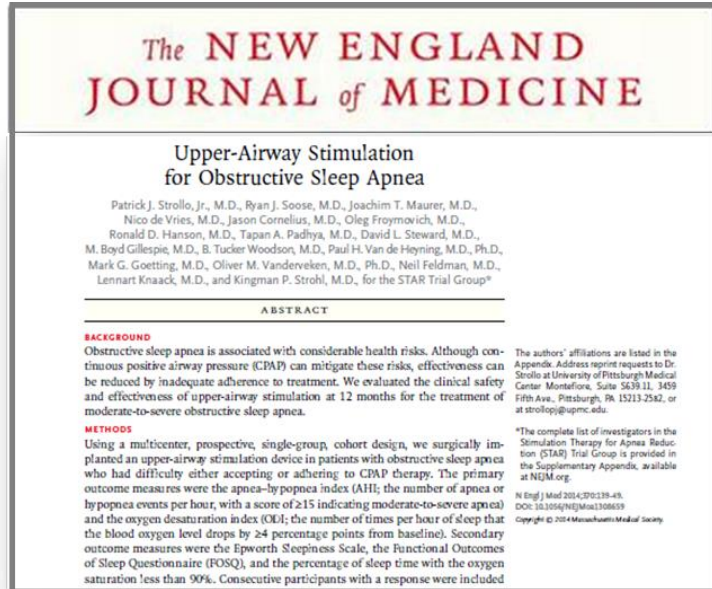
Patients Use It

Patient Adherence At Final Visit



Growing Adoption

Sustained Clinical Results



Most US Insurance Covers Inspire



- Over 100 Peer-Reviewed Publications
- 5-Year Follow-Up Data
- Over 11,000 Inspire recipients worldwide

- Broad private insurance coverage
- Medicare coverage across the US
- Many VA and military hospitals

Is Inspire Right For You?

- Not significantly overweight (<35 Body Mass Index)
- Do not tolerate or get sufficient benefit from CPAP
- Sleep Study within last 2-3 years (home test or in-lab)
- Moderate to severe OSA (15-65 events per hour)
- Pass an airway anatomy exam
- Age 22+



More Information

**To schedule a face-to-face or telemedicine Inspire appointment with Dr. Bryan Richards, please call:
Tanner Clinic office:801-773-4840**

**Prior to appointment, please watch videos at
www.InspireSleep.com/FAQ**



Inspire

Sleep Apnea Innovation