

Tanner Updates

5/6/21

CDC updates for April 27

- *Guiding principles for fully vaccinated people are now provided*
- *Underscores that immunocompromised people need to consult their healthcare provider about these recommendations, even if fully vaccinated*
- *Fully vaccinated people no longer need to wear a mask outdoors, except in certain crowded settings and venues*
- *Clarification that fully vaccinated workers no longer need to be restricted from work following an exposure as long as they are asymptomatic*
- *Fully vaccinated residents of non-healthcare congregate settings no longer need to quarantine following a known exposure*
- *Fully vaccinated asymptomatic people without an exposure may be exempted from routine screening testing, if feasible*
- **INFOGRAPHIC AVAILABLE-**
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/pdfs/choosingSaferActivities.pdf>

Utah Public Orders have ended

- A 14-day case rate less than 191 per 100,000 people (currently 163.4)
- A 7-day average COVID-19 ICU utilization less than 15% (currently 11.2%)
- More than 1,633,000 prime doses of COVID-19 vaccine allocated to the state (1,656,025)

-Doesn't apply to schools, public businesses, and healthcare settings

Vaccine Exemptions

- There are several requests from patients for COVID vaccine exemptions
- There is no guidance from CDC or from the state/county on what qualifies for a vaccine exemption at this time
- Medically a documented allergy/anaphylaxis to a prior dose or vaccine ingredient can be a clear vaccine exemption
- Severe side effects to a prior dose should be reviewed on a case by case basis

COVID Vaccine- anxiety related symptoms

Five mass vaccination sites reported 64 anxiety-related events, including 17 events of syncope (fainting) after receipt of Janssen COVID-19 vaccine. The reporting rates of syncope to VAERS after Janssen COVID-19 and influenza vaccines (2019–20) were 8.2 and 0.05 per 100,000 doses, respectively.

...Vaccine providers should be aware of anxiety-related events after vaccination and observe all COVID-19 vaccine recipients for any adverse reactions for at least 15 minutes after vaccine administration.

PASC-Long COVID

73,000 COVID-19 patients treated in the US Department of Veterans Affairs health system and compared them with nearly 5 million non-COVID-19 patients within the system.

The researchers found that mortality risk among COVID-19 patients beyond the first 30 days of illness was nearly 60% higher, corresponding to 8.39 excess deaths per 1,000 individuals at the 6-month point.

The excess deaths among hospitalized COVID-19 patients was even higher (28.79).

The use of beta blockers and opioid analgesics was nearly 10 times higher among COVID-19 patients when compared with non-COVID-19 patients.

<https://www.nature.com/articles/s41586-021-03553-9>