



# Tanner Clinic Voice & Swallowing Center

Anna Siciliano, M.A., CCC-SLP  
Laekin Clark, M.S. CCC-SLP

Lyssandra Harker, M.S., CCC-SLP  
Megan Keate, M.A., CCC-SLP

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Age: \_\_\_\_\_

Referring Physician: \_\_\_\_\_

### MEDICAL HISTORY (Please check all that apply):

*Only fill out medications and medical history if you are new to Tanner Clinic or they are not previously noted*

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Reflux                            | <input type="checkbox"/> Lung Problems              | <input type="checkbox"/> Depression             |
| <input type="checkbox"/> Tremor                            | <input type="checkbox"/> Headaches                  | <input type="checkbox"/> Anxiety                |
| <input type="checkbox"/> Allergies                         | <input type="checkbox"/> Colds                      | <input type="checkbox"/> Eating disorders       |
| <input type="checkbox"/> Swallowing difficulty (Dysphagia) | <input type="checkbox"/> Arthritis                  | <input type="checkbox"/> Rhinitis               |
| <input type="checkbox"/> Hormone Imbalance                 | <input type="checkbox"/> Head/Neck Cancer/Radiation | <input type="checkbox"/> Parkinson's Disease    |
| <input type="checkbox"/> Kidney Problems                   | <input type="checkbox"/> Head Trauma/Brain Injury   | <input type="checkbox"/> Sleep apnea            |
| <input type="checkbox"/> Respiratory Illness               | <input type="checkbox"/> Pneumonia                  | <input type="checkbox"/> Pain (location: _____) |
| <input type="checkbox"/> Stroke                            | <input type="checkbox"/> Asthma                     |   |
| <input type="checkbox"/> Esophageal Stretch/Dilation       | <input type="checkbox"/> Intubations                |   |
|  | <input type="checkbox"/> Heart Problems             |   |

### Surgery:

- |                                       |                                      |  |
|---------------------------------------|--------------------------------------|--|
| <input type="checkbox"/> None         | <input type="checkbox"/> Head/Neck   | <input type="checkbox"/> Vocal folds/voice |
| <input type="checkbox"/> Carotid      | <input type="checkbox"/> Laminectomy | <input type="checkbox"/> Thyroidectomy     |
| <input type="checkbox"/> Cardiac      | <input type="checkbox"/> Lung        | <input type="checkbox"/> Hysterectomy      |
| <input type="checkbox"/> Other: _____ |                                      |  |

### CURRENT MEDICATIONS:

Medication	Dosage	Purpose
_____		
_____		
_____		
_____		

Other Significant Accidents, Injuries, or Hospitalizations: None  
\_\_\_\_\_  
\_\_\_\_\_

Please list physicians involved in your care and their role (ex. Dr. J, Pulomologist)  
\_\_\_\_\_  
\_\_\_\_\_

My highest priority concern for today's visit is:  
\_\_\_\_\_  
\_\_\_\_\_

## SOCIAL HISTORY & HABITS

Married

Divorced

Single

Family at home: \_\_\_\_\_

Hobbies: \_\_\_\_\_

Do you use tobacco products?      Yes      No  
If no, have you ever in the past?      Yes      No

Do you use any inhalants (smoking, vaping, etc.?)      Yes      No  
If no, have you ever in the past?      Yes      No

If yes, list duration of years, amount and frequency per day:

\_\_\_\_\_

Do you drink alcohol?      Yes      No

Do you drink caffeine?      Yes      No

Do you drink carbonation?      Yes      No

If yes to any above, list amount and frequency: \_\_\_\_\_

About how much water do you drink on a daily basis? \_\_\_\_\_ ounces

Do you exercise regularly?      Yes      No

Type of exercise: \_\_\_\_\_

How many hours do you sleep per night? \_\_\_\_\_ hours

Sleep quality:      Poor      Average      Good

Do you experience symptoms of reflux or heartburn?      Yes      No

About how many hours per day do you use your voice? \_\_\_\_\_ hours

### EMPLOYMENT:

Are you currently employed or in school?      Yes      No

If yes, where: \_\_\_\_\_

How do you use your voice in your occupation/at school/at home?

\_\_\_\_\_

Do you experience a high level of stress at your job or in your home life?      Yes      No

If yes, please briefly describe:

\_\_\_\_\_

How well do you feel that you cope with stressors in your life?      Poorly      Fine      Well

Are there any topics that would be relevant to your care not yet mentioned (e.g. language, religion, food restrictions, cultural considerations, sexual orientation/gender identity, past trauma, etc.)?

\_\_\_\_\_

## **Current Compliants:**

### **Voice**

When did your problem begin? \_\_\_\_\_ or I don't have a problem with this

Was the onset \_\_\_ sudden or \_\_\_ gradual?

Is the problem \_\_\_\_\_ worsening, \_\_\_\_\_ improving, or \_\_\_ staying the same?

My vocal behaviors include (select all that apply):

- Loud talking
- Singing
- Hard glottal attack
- Loud cheering
- Coughing
- Excessive talking
- Talked when stressed
- Using character voice/abnormal sounds
- Grunting with exercise
- Talking when tired
- Yelling/screaming
- Straining the voice
- Throat clearing
- Imitating noises
- Talking through colds
- Using too high/too low pitch

My throat sensations are (select all that apply):

- Dull pain
- Sharp pain
- Burning
- Globus (feel like there's something stuck in your throat)
- Throbbing
- Fatigue/tiredness
- Strained muscle

### **Breathing**

When did your problem begin? \_\_\_\_\_ or I don't have a problem with this

Was the onset \_\_\_ sudden or \_\_\_ gradual?

Is the problem \_\_\_\_\_ worsening, \_\_\_\_\_ improving, or \_\_\_ staying the same?

### **Swallowing**

When did your problem begin? \_\_\_\_\_ or I don't have a problem with this

Was the onset \_\_\_ sudden or \_\_\_ gradual?

Is the problem \_\_\_\_\_ worsening, \_\_\_\_\_ improving, or \_\_\_ staying the same?

### **Cough**

When did your problem begin? \_\_\_\_\_ or I don't have a problem with this

Was the onset \_\_\_ sudden or \_\_\_ gradual?

Is the problem \_\_\_\_\_ worsening, \_\_\_\_\_ improving, or \_\_\_ staying the same?

### **Treatment Goals:**

What are your expectations or goals from treatment?

Have you ever received speech therapy services before?      Yes      No

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DYSPNEA INDEX

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\_\_\_\_/40 Total

Select the word that matches how serious you feel your breathing problem is **OVERALL**:

No Problem                  Mild Problem                  Moderate Problem                  Severe Problem

Select the word that matches how serious you feel your breathing problem is **TODAY**:

No Problem                  Mild Problem                  Moderate Problem                  Severe Problem

**INSTRUCTIONS—**

Please put an "X" in the box to indicate how often you feel these symptoms. Add up your score.

		<b>Never (0)</b>	<b>Almost Never (1)</b>	<b>Some- times (2)</b>	<b>Almost Always (3)</b>	<b>Always (4)</b>
<b>1</b>	<b>I have trouble getting air in.</b>					
<b>2</b>	<b>I feel tightness in my throat when I am having my breathing problem.</b>					
<b>3</b>	<b>It takes more effort to breathe than it used to.</b>					
<b>4</b>	<b>Changes in weather affect my breathing problem.</b>					
<b>5</b>	<b>My breathing gets worse with stress.</b>					
<b>6</b>	<b>I make sound/noise breathing in.</b>					
<b>7</b>	<b>I have to strain to breathe.</b>					
<b>8</b>	<b>My shortness of breath gets worse with exercise or physical activity.</b>					
<b>9</b>	<b>My breathing problem makes me feel stressed.</b>					
<b>10</b>	<b>My breathing problem causes me to restrict my personal and social life.</b>					
<b>Totals</b>						

Instructions: These are statements that many people have used to describe their voices and the effects of their voices on their lives. Check the response that indicates how frequently you have the same experience. (Never=0 points; Almost Never=1 Point; Sometimes=2 points; Almost Always=3 points; Always=4 points)

	<b>Never</b>	<b>Almost Never</b>	<b>Sometimes</b>	<b>Almost Always</b>	<b>Always</b>
F1. My voice makes it difficult for people to hear me.					
P2. I run out of air when I talk.					
F3. People have difficulty understanding me in a noisy room.					
P4. The sound of my voice varies throughout the day.					
F5. My family has difficulty hearing me when I call them throughout the house.					
P6. I use the phone less often that I would like.					
E7. I am tense when talking with others because of my voice.					
F8. I tend to avoid groups of people because of my voice.					
E9. People seem irritated with my voice.					
P10. People ask, "What's wrong with your voice?"					
F11. I speak with friends, neighbors, or relatives less often because of my voice.					
F12. People ask me to repeat myself when speaking face-to-face.					
P13. My voice sounds creaky and dry.					
P14. I feel as though I have to strain to produce voice.					
E15. I find other people don't understand my voice problem.					
F16. My voice difficulties restrict my personal and social life.					

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	<b>Never</b>	<b>Almost Never</b>	<b>Sometimes</b>	<b>Almost Always</b>	<b>Always</b>
P17. The clarity of my voice is unpredictable.					
P18. I try to change my voice to sound different.					
F19. I feel left out of conversations because of my voice.					
P20. I use a great deal of effort to speak.					
P21. My voice is worse in the evening.					
F22. My voice problem causes me to lose income.					
E23. My voice problem upsets me.					
E24. I am less out-going because of my voice problem.					
E25. My voice makes me feel handicapped.					
P26. My voice "gives out" on me in the middle of speaking.					
E27. I feel annoyed when people ask me to repeat.					
E28. I feel embarrassed when people ask me to repeat.					
E29. My voice makes me feel incompetent.					
E30. I am ashamed of my voice problem.					

Total Score: \_\_\_\_\_

Please check the word that matches how you feel your voice is today:

Normal

Mild

Moderate

Severe

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

## Treatment and Cancellation Policy

We highly value you as our patient. In an effort to help you make the most progress possible, we ask you to read this policy and discuss your thoughts with us as needed.

The Speech Pathologists are here part time and your appointment is important to us. We want to help you improve and make excellent progress

To help us in our efforts:

- Please keep your appointment, be on time, and bring your homework with you to each visit.
- Please complete exercises outlined by your therapist at home so you can make progress.
- **Please give us 48 hours notice for cancellations when possible. We want to see all patients that need help and last minute cancellations leave us with holes in our schedules.**
- **Patients that do not give 24 hours advanced notice may be charged a \$50.00 cancellation fee. We make exceptions for emergencies and sudden illness.**
- Patients that cancel three appointments or no show may be asked to return to see their physician before another appointment can be scheduled.

We are passionate about helping our patients and we look forward to working together.

I have read and agree with the above policy.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Date