

OTC MEDICATIONS FOR URI SYMPTOMS

	AGE	DOSE	FREQUENCY
BROMPHENIRAMINE (allergies)	12-23 months	0.5 mg	every 4 hours
	2-5 years	1 mg	every 4 hours
	6-11 years	2 mg	every 4 hours
	12 years+	4-6 mg	every 4 hours
GUAIFENESIN (congestion)	6-11 months 12-23 months 2-5 years 6-11 years 12 years+ or	25 mg 50 mg 50-100 mg 100-200 mg 100-400 mg 600-1200 mg	every 4 hours every 12 hours
PHENYLEPHRINE (congestion)	6-12 months	2.5 mg	every 12 hours
	13-24 months	3.5 mg	every 12 hours
	2-5 years	3.5 mg	every 12 hours
	6-11 years	6.25 mg	every 12 hours
	12 years+	12 mg	every 12 hours
DEXTROMETHORPHAN (cough)	2-5 years	5 mg	every 4 hours
	6-11 years	10 mg	every 4 hours
	12 years+	15 mg	every 4 hours
CHLORPHENERAMINE (allergies)	6-11 months	0.75 mg	every 4 hours
	12-23 months	1 mg	every 4 hours
	2-5 years	1.25 mg	every 4 hours
	6-11 years	2 mg	every 4 hours
	12 years+	4-8 mg	every 4 hours