

# Preventive Health & Wellness

**Wednesday, September 28**

**12:30 – 1:00 p.m.**

Layton Conference Room #1



Dr. Wyatt West, MD,  
will discuss why  
preventive health  
and wellness is so  
important and why  
you should know  
your numbers.



RSVP to HR at ext. 3000 by Monday, September 26.  
A light lunch will be served. (Seating is limited – call today!)