

Circumcision



Medical benefits of circumcision include lower risk of urinary tract infections and ease of hygiene.

**If you have any questions
call (801) 773-4840
Extension 3248**

Risks and Benefits:

Circumcision is the removal of the foreskin from the glans of the penis. The medical benefits include: lower risk of UTIs in the first year of age, decreased risk of STDs, and easier hygiene when older. The risks of circumcision include: bleeding, infection, scarring, adhesions, and taking off too much or too little foreskin.

Preparation:

- Please arrive at least 5 minutes prior to your appointment and bring a thin receiving blanket, extra diapers, wipes, Vaseline, and Tylenol.
- Give 1.25mL of Infant's or Children's Tylenol (160mg/5mL) 30 minutes prior to the procedure.

Procedure:

In order to perform the procedure, the infant's upper body is swaddled and the legs are placed in a restraint. Cherry syrup and a pacifier are given for comfort. Using lidocaine, the penis is numbed via a digital block. The circumcision is done using a Gomco Clamp. The foreskin is clamped circumferentially with the Gomco then the foreskin is removed. The procedure takes 15-20 minutes.

What to Expect:

There may be a 5-15 minute fussy period as the lidocaine wears off. Infants will often take a long nap, possibly skipping a feeding. There may be a whitish-yellowish membrane that forms on the glans as it heals. Mild bleeding and spotting on the diaper is normal.

Post Circumcision Care:

- Give 1.25 mL of Tylenol every 4-6 hours as needed for discomfort.
- Place Vaseline on the middle-front of the diaper for 5 days to prevent the penis from sticking to the diaper.
- Allow the penis to heal by avoiding bathing or wiping for 5 days. Gently wash stool off penis with warm water and a clean cloth if needed.
- Follow up immediately for active bleeding or signs of infection (significant swelling, worsening redness, or purulent discharge).
- Sometimes boys who have a large suprapubic fat pad or a short shaft may sink back inside and require the care giver to press on either side of the penis to expose the head and prevent post circumcision adhesions. If needed, your doctor will explain this procedure to you. Please call with any questions or concerns.

#1 Bring a thin receiving blanket and a pacifier.

#2 Give 1.25ml Tylenol 30 minutes before the appointment.

#3 Place Vaseline on the middle front of diaper for 5 days.