

# Medications Check List

*There are numerous medications, including some anti-depressant medications, that interfere with testing and should not be stopped due to the nature of the drugs. Please check with your physician or pharmacist if you have any questions about specific drugs not listed below. If you cannot comfortably or safely hold your medication, please discuss this with your physician.*

**The following medications (over the counter and prescription) MUST be discontinued for at least 5-7 days prior to any skin testing.**

Be aware, most **oral allergy medications** and some **allergy nasal sprays** and **eye drops** contain antihistamines. Many **cough and cold medications** contain antihistamines. Some **sleep aids**, as well as **antacids**, contain or have antihistamine effects. Pay attention to off-brands as well. This list is not all-inclusive. Please contact our office if you have any questions.

Actifed	Claritin D	Opcon-A eye drops
AccuHist	clemastine generic	(napazoline)
Antivert (meclizine)	Chlortrimeton	Optivar eye drops (azelastine)
Allegra (fexofenadine)	(chlorpheniramine)	Pataday
Allegra D	Cyproheptadine generic	Patanase
Aller-chlor (chlorpheniramine)	Dimetapp	Patanol/Pataday
Alavert	dexchlorpheniramine generic	Palgic (carbinoxamine)
Astelin Nasal Spray (azelastine)	dimenhydrinate generic,	Periactin (cyproheptadine)
Astepro Nasal Spray	diphenhydramine generic, or	Phenergan (promethazine)
(azelastine)	doxylamine generic	promethazine generic
Atarax (Hydroxazine)	Dramamine (dimenhydrinate),	Rhinotan
Astrepro	or Dramamine Less Drowsy	Semprex D
Atrohist	(meclizine)	Tavist Allergy (clemastine)
Arbinoxa (carbinoxamine)	Dymista	Triaminic
Benedryl (diphenhydramine)	Elestat eye drops (epinastine)	Tripohist triprolidine
(2-3 days)	Emadine eye drops	Unisom (diphenhydramine)
Bepreve eye drops	(emedastine)	Vistaril (hydroxyzine)
Bonine (meclizine)	Hydroxyzine generic	Xyzal (levocetirizine)
Brompheniramine generic	Lastacaft eye drops (alcaftadine	Zyrtec (cetirizine)
Bromfed	ophthalmic)	Zyrtec D
carbinoxamine generic	Marezine (cyclizine)	Zaditor eye drops (ketotifen)
Claritin or Clarinex (loratidine	Meclizine	Zentrip (meclizine)
or desloratidine)		

Also, please avoid the following **antacids** which have antihistamine effects for one week.

Axid (nizatidine)	Pepcid (famotidine)	Tagamet HB 200 (cimetidine)
cimetidine generic	Pepcid AC (famotidine)	Zantac (ranitidine)
Duexis (ibuprofen/famotidine)	Pepcid AC Maximum Strength (famotidine)	
famotidine generic	Ranitidine generic	
nizatidine generic		

The following medications do **NOT** interfere with testing and **MAY** be taken.

Advair	Nasal crom	Rhonicort
Albuterol	Nasocort	Serevent
Antibiotics	Nasonex	Singulair (Montelukast)
Atrovent (Ipratropium)	Nexium (Esomeprazole)	Slobid
Azmacort	Prednisone	Spiriva (Tiotropium)
Beclovent	Prednisolone (Prelone)	Sudafed (Pseudoephedrine)
Cromolyn	Prevacid (Lansoprazole)	Tilade
Dexilant	Prilosec (Omeprazole)	Vancenase
Dulera	Proair	Vanceril
Flonase	Protonix (Pantoprazole)	Ventolin
Flovent	Proventil	Veramyst
Guaifed	Pulmicort (Budesonide)	Zetonna
Humibid	QNasl	
Midrin	QVar	

**\*\*\* On some occasions, even if you have avoided the above medications, the physician may decide that a blood test would be indicated before allergy testing is performed \*\*\***