



TEEN CENTER **GRAB & GO**

**PLEASE INCLUDE ALL ITEMS
IN A GALLON ZIPLOCK BAG**

TWO 8OZ WATER BOTTLES

TWO NATURE VALLEY PROTEIN BARS

TWO INDIVIDUAL PACKS JERKY

ONE SQUEEZ APPLESAUCE

ONE CHEESE CRACKERS

ONE 1.5OZ TRAIL MIX

ONE COOKIE PACK

ONE DRIED FRUIT

THANK YOU FOR YOUR WILLINGNESS TO GIVE!