



VASECTOMY

PRE-OP PREPARATION

Schedule appointment when ready to proceed.

- Please come to clinic day of procedure clean and shaven in the genital area as instructed.
- Please do not eat anything 4 hours before procedure
- You may take medications.
- Please do not take aspirin, ibuprofen or blood thinners **within 5 days** of vasectomy.
- Your partner is also welcome to come and stay for the procedure.

After the procedure you will need a semen analysis to verify sterility. This can happen after 4-6 weeks and at least 20-30 ejaculations. You are not considered safe to have unprotected intercourse until we have verified no sperm on 2 samples.

- The risks, benefits and alternatives to this procedure have been explained to you.
- You understand the payment is your responsibility and knowing how much your insurance will cover is your responsibility not ours.
- Review of potential complications:
Bleeding/hematoma 1.6-4.6%,
wound infection 2.2-6.0%,
sperm granuloma 15-40%,
congestive epididymitis 0.4-6.1%,
need for hospitalization 0.2-0.8%.
- Risks of anesthetics and pain also discussed.
- Risk of procedure failure.

