

JUNE 24 TO SEPTEMBER 15

Get ready to go for GOLD in our 12-week Fitness Olympics!

It's time to channel your inner champion & conquer the challenge of exercising 30 minutes a day, 5 days a week.

Employees will have the opportunity to reach bronze status for a \$75 gift card, silver status for a \$100 gift card, or gold status for a \$125 gift card.



AT THE END OF THE 12-WEEKS, YOU COULD BE ENTERED TO WIN THE \$500 GRAND PRIZE GIFT CARD!

Each clinic will also have the chance to win a party and the prestigious traveling wellness trophy.

To sign up, scan the QR Code:





More details will be sent out for all those that sign up!

For any questions or additional information, contact HR at ext. 3000.

This challenge is open to all Tanner Clinic employees!